

NATIONAL LOUIS UNIVERSITY

MEAL PLAN INFORMATION SHEET

WEEKLY PLANS

Suite & Apartment Style Units

- 10 Meals and Flex Dollars added weekly
- 15 Meals and Flex Dollars added weekly

BLOCK PLANS

Apartment Style Units

- 75 Meals with \$200 Flex Dollars
- 150 Meals with \$400 Flex Dollars

FAQS

DO UNUSED MEALS & FLEX CARRY OVER TO THE NEXT WEEK?

- A detailed calendar with active Meal Plan dates is provided in the UC Resident Portal (www.ucresidentservices.com).
- On the Weekly Plan, the Meals expire every Sunday after dinner and reset Monday at breakfast.
- Flex Dollars carry over week to week and expire at the time of checkout or end of your current contract.
- On the Block Plan, the Meals and Flex Dollars are provided in full upfront and expire at the time of checkout or end of your current contract.
- On the Block Plan, once all Meals have been used you will need to add a Block Plan, please contact your Housing Office at Housing@nl.edu.

CAN I TREAT A FRIEND TO A MEAL ON MY OWN?

- Weekly Plans, you can treat a friend using your Flex Dollars.
- Block Plans, you can use your declining balance of Meals.

WHAT DO I DO IF MY FLEX DOLLARS RUN LOW?

- Flex Dollars can be added at any time in the Marketplace found on your UC Resident Portal.

HOW DO I SIGN UP FOR A MEAL PLAN?

- While completing your housing contract you will select from the plans offered by your institution.
- If you would like to add a Meal Plan, please contact your Housing Office at Housing@nl.edu.

WHAT DO I DO IF I HAVE FOOD ALLERGIES OR DIETARY RESTRICTIONS?

- UC Dining is able to accommodate nearly all allergies or restrictions. Please contact our Executive Chef Jimmy Dalton at Jimmy.Dalton@compass-usa.com for more detailed information.
- You can also request to speak with a chef or supervisor at any time.

QUESTIONS?

- Call The Caf at 312-924-8109 or visit www.DineOnCampus.com/UniversityCenter.
- Stay updated and follow The Caf on Instagram @UniversityCenterDining.



NATIONAL LOUIS UNIVERSITY

MEAL PLAN CALENDAR 2023/2024

SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH

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24	25	26	27	28	29	30
31						

APRIL

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21	22	23	24	25	26	27
28	29	30				

MAY

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



MONDAY FLEX
RELOAD \$25



ACTIVE DAYS